After viewing *Living Downstream*, many people want to know where they can go to learn more about cancer prevention, environmental protection, and environmental health. What follows is a comprehensive list of resources that will help you as you search for more information on these topics of interest. Use these lists to create an adapted version for your workshops, screenings, or other outreach activities. Or encourage others to download this full list from [www.livingdownstream.com/links](http://www.livingdownstream.com/links).

- *Living Downstream* Online
- Cancer and Environmental Health Websites
- Film and Social Change Websites
- Books and Reports
- Films and Videos
- Other Publications by Sandra Steingraber
- More *Living Downstream* Resources

This handout is an excerpt from *Living Downstream ~ In the Community*, a 200-page guide created for nonprofits, community groups, and professionals. Learn more about the *Living Downstream* guides at [www.livingdownstream.com/use_guides](http://www.livingdownstream.com/use_guides).
The *Living Downstream* website, [www.livingdownstream.com](http://www.livingdownstream.com), connects you with others who are concerned about the issue of environmental health. The website enables you to extend the reach of your activities, forge new relationships and alliances, and access a wealth of inspiration from the experiences of others. Our growing online community is a unique gathering place for people and ideas, with the power to propel meaningful social change.

The website is designed to be comprehensive and, at the same time, fun, fast, and easy to explore. Below are three links for getting started, followed by a summary of the contents of the two main menus.

**Become a member** | [www.livingdownstream.com/member/register](http://www.livingdownstream.com/member/register)
Create a profile so that you can share resources, join discussions, and communicate with other members. Your profile will be searchable by other members and will link to all of your contributions on the site.

**Join the mailing list** | [www.livingdownstream.com/mailing-list](http://www.livingdownstream.com/mailing-list)
Receive monthly emails that will keep you up to date on the film, the website, and Sandra's work.

**Read the news** | [www.livingdownstream.com/news](http://www.livingdownstream.com/news)
Learn the latest *Living Downstream* news, as it happens. This page will point you to the most recently added material on the site, including our monthly newsletters.

**Order the DVD** | [www.livingdownstream.com/dvd](http://www.livingdownstream.com/dvd)
The *Living Downstream* Educational DVD is available for use by educators, organizations, community groups, and professionals. Purchase it online today.

**Living Downstream | The Film**

This section of the website contains everything you ever wanted to know about the film itself. Read all about the film, the book that inspired the film, and the upcoming screenings. You can also access trailers, video clips, reviews, and publicity stills.

**About the Film** | [www.livingdownstream.com/about-film](http://www.livingdownstream.com/about-film)
Read a synopsis of the film and get production details at a glance.

**Reactions to the Film** | [www.livingdownstream.com/reactions](http://www.livingdownstream.com/reactions)
Read what others have said about the film. This page contains brief quotes from the media and from audience members, including educators and activists.
Screenings and Events | www.livingdownstream.com/screenings

Living Downstream is screening internationally—at art house theaters, in film festivals, at conferences, and at special events. This page contains a comprehensive list of public screenings by date.

Trailer and Video Clips | www.livingdownstream.com/trailer

Watch the trailer and selected video clips from the film. New clips are posted periodically. All clips can be embedded on your website.

About the Team | www.livingdownstream.com/about-team

Read the bios of the experts featured in the documentary and of the film crew responsible for the documentary’s creation.

About the Book | www.livingdownstream.com/about-book

Read a synopsis of the second edition of the book Living Downstream.

For the Media | www.livingdownstream.com/for-media

Find a large selection of resources, including press releases, images from the film poster and book cover, and a variety of production stills.

Walking Upstream | The Movement

This section of the website is focused on building the environmental human rights movement. It is a resource for individuals and groups who are using the film as a tool for education, community engagement, and creating social change. In this section you can log your actions, learn how to hold a screening, join discussions, read blogs, share resources, and more.

The strength of this section stems directly from the passion and participation of our members. Each contribution inspires many others. Your ideas, experiences, and resources will help build collective momentum that energizes everyone’s efforts.

About the Movement | www.livingdownstream.com/about-movement

Read information about the environmental human rights movement Sandra describes, including a list of links to help you engage with the issue of environmental health. Whether you are an educator, an activist, or a concerned citizen, there is a role for you to play.

Log Your Action | www.livingdownstream.com/logyouraction

Record the actions you have taken on the issue of environmental health. Big or small, every step toward change is worthy of recognition. Whether you’ve attended a workshop or run a national campaign, logging your action will help us track the numbers of individuals reached and provide us with valuable information on how the film is being used.
Hold a Screening | www.livingdownstream.com/hold_screening
Find step-by-step instructions and resources for holding a screening of Living Downstream in your community. This section also includes the option to post information about your screening on our website.

Use the Guides | www.livingdownstream.com/use_guides
Read descriptions of the three guides that have been created to help you use Living Downstream in your life and work: Living Downstream ~ In the Community, Living Downstream ~ In the Classroom, and Living Downstream ~ At Home.

Sandra's Weekly Essays | www.livingdownstream.com/essays
Explore with Sandra the ways in which the environment is within us. All these essays are available for re-publication free of charge by your organization's newsletter, website, city paper, community flyers, etc.

Member List | www.livingdownstream.com/member/memberlist
Browse or search members of the online community. Here you can see where members live, how they are connected to the issue of environmental health, and what they have contributed to the website. Connect with others, build networks, and brainstorm ideas together.

Sharing Resources | www.livingdownstream.com/resources
Have you created resources for use with Living Downstream? Are you looking for a resource to support your activities? Whether it’s a poster or a flyer, a petition or a lesson plan, upload your resources and download what others have shared.

Discussion Forums | www.livingdownstream.com/forums
Add your voice to the online discussion. Share your personal experiences with cancer, give and get updates on the latest scientific research, brainstorm opportunities for action, learn how others are using the film to educate and inspire, or suggest your own topic for discussion.

Blogs from the Field | www.livingdownstream.com/blogs
Follow our bloggers as they engage in issues related to environmental health. Both personal and professional, these blogs capture the successes, challenges, and learnings that come with doing this groundbreaking work.

Recommended Links | www.livingdownstream.com/links
Check out our comprehensive list of websites, including organizations doing work related to environmental and occupational health and those using film in education and for social change. Join a group that’s right for you.
The descriptions in this section include wording that has been drawn in large part from the organizations’ websites.

350.org | www.350.org
A global, cutting-edge movement that aims to solve the climate crisis by inspiring individuals and groups to engage in large-scale grassroots activism. The movement has helped lead many fights to reduce our dependency on fossil fuels, which are dangerous to the climate, the environment, and human health.

Beyond Pesticides | www.beyondpesticides.org
A nonprofit organization that has historically taken a two-pronged approach to the pesticide problem by identifying the risks of conventional pest management practices and promoting nonchemical and least-hazardous management alternatives.

Bladder Cancer Advocacy Network | www.bcan.org
The first national advocacy organization dedicated to increasing public awareness about bladder cancer, to advancing bladder cancer research, and to providing educational and support services for the bladder cancer community.

BlueGreen Alliance | www.bluegreenalliance.org
A national strategic partnership between labor unions and environmental organizations dedicated to expanding the number and quality of jobs in the green economy.

BlueGreen Canada | www.bluegreencanada.ca
An alliance that advocates for working people and the environment in key areas of global trade, the use of toxic chemicals, the creation of green manufacturing jobs, and the development of strategies to address climate change.

Breast Cancer Action | www.bcaction.org
A membership-based organization that works to end the breast cancer epidemic by providing information, organizing people, and advocating for policy changes directed at achieving true prevention through understanding and eliminating the causes of breast cancer.

Breast Cancer Action Montreal | www bcm qc.ca
A nonprofit group directed by women who have been sensitized to the trauma of breast cancer and who are committed—long-term—to erasing the disease.
Breast Cancer Fund | www.breastcancerfund.org
A prevention-based organization that responds to the public health crisis of breast cancer by identifying—and advocating for the elimination of—the environmental and other preventable causes of the disease.

Campaign for Safe Cosmetics | www.safecosmetics.org
A coalition that works with over 100 organizations, 1,300 companies, and thousands of grassroots supporters in seeking to secure the corporate, regulatory, and legislative reforms necessary to eliminate dangerous chemicals from cosmetics and personal care products.

Canadian Cancer Society | www.cancer.ca
A national organization whose mission is the eradication of cancer and the enhancement of the quality of life of people living with cancer. The society calls for a ban on the use and sale of cosmetic pesticides, believes that substances that cause cancer should be replaced with safer alternatives, and supports individuals’ right to know about the carcinogens to which they have been exposed.

Canadian Partnership for Children’s Health and Environment | www.healthyenvironmentforkids.ca
An affiliation of groups with overlapping missions to improve children’s environmental health in Canada.

Canadian Association of Physicians for the Environment | www.cape.ca
A membership organization for health professionals that works to protect the environment in order to protect human health.

Canadian Organic Growers | www.cog.ca
A national charitable organization with members in all regions of Canada whose mission is to lead local and national communities toward sustainable organic stewardship of land, food, and fiber while respecting nature, upholding social justice, and protecting natural resources.

Canadians for a Safe Learning Environment | www.casle.ca
A registered charity that works to improve the condition of school buildings and the products and practices used in schools.

Center for Health, Environment and Justice | http://chej.org
An organization that aims to prevent harm to human health by providing technical and organizing support to individuals and communities facing a toxic hazard.

CHE Toxicant and Disease Database | www.database.healthandenvironment.org
A database maintained by the Collaborative on Health and the Environment that summarizes links between chemical contaminants and 180 human diseases.
Clean Air Partnership | www.cleanairpartnership.org
A registered Canadian charity whose mission is to work with partners to achieve clean air, facilitate the exchange of ideas, advance change, and promote and coordinate implementation of actions that improve local air quality.

Clean Water Action | www.cleanwateraction.org
An organization of 1.2 million members empowering people to protect America's waters, to build healthy communities, and to make democracy work for all of us.

Collaborative on Health and the Environment | www.healthandenvironment.org
An international partnership of over than 4,000 individuals and organizations working to advance knowledge and effective action to address growing concerns about the links between human health and environmental factors.

Community Food Security Coalition | www.foodsecurity.org
A North American coalition of almost 300 organizations working from the local to international levels to build community food security.

Community Tool Box | http://ctb.ku.edu
A free online resource containing information on skills for building healthy communities. The tool box contains over 7,000 pages of practical guidance for creating change. It is a service of the Work Group for Community Health and Development at the University of Kansas.

Council of Canadians | www.canadians.org
Canada's largest citizens’ organization, working to promote progressive policies on fair trade, clean water, energy security, public health care, and other issues of social and economic concern to Canadians.

The Endocrine Disruption Exchange | www.endocrinedisruption.com
A nonprofit organization that compiles and disseminates the scientific evidence on the health and environmental problems caused by exposure to endocrine disruptors (chemicals that interfere with development and function).

Environmental Justice Foundation | www.ejfoundation.org
A registered charity based in London, England, that provides film and advocacy training to individuals and grassroots organizations in the global south who suffer most from environmental abuses, helping them to find peaceful ways to create long-term solutions. The foundation also campaigns internationally to raise awareness of the issues.

EnviRN Knowledge Network | http://envrn.org
An online learning network for nurses concerned about environmental health.
Environmental Health News | www.environmentalhealthnews.org
A free syndication service whose mission is to advance the public's understanding of environmental health issues by publishing its own journalism and by providing access to worldwide news on subjects related to the environment and the health of humans, wildlife, and ecosystems.

Environmental Working Group | www.ewg.org
A nonprofit research organization that uses the power of public information to protect public health and the environment. This organization's research brings to light facts about which the public has the right to know.

EWG's Skin Deep Cosmetics Database | www.cosmeticsdatabase.org
A searchable database created by the Environmental Working Group, providing information and online safety assessments for almost 70,000 personal care products.

Frack Action | www.frackaction.com
A grassroots group that began as an emergency response and is now engaged in a long-term campaign to protect our water, air, and public health from the dangerous practice of hydraulic fracturing.

Food & Water Watch | www.foodandwaterwatch.org
Food & Water Watch is a nonprofit organization that advocates for common sense policies that will result in healthy, safe food and access to safe and affordable drinking water. This group believes that as everyone is dependent on these shared resources, it’s essential that they be regulated in the public interest rather than for private gain.

Health and Environment Alliance | www.env-health.org
A European coalition of over 65 international and national organizations addressing how the environment affects health in the European Union.

Health Care Without Harm | www.noharm.org
An international organization working to implement ecologically sound and healthy alternatives to health-care practices that pollute the environment and contribute to disease.

Healthy Building Network | www.healthybuilding.net
A national network dedicated to transforming the market for building materials to advance the best environmental, health, and social principles. The network's projects have directly resulted in the introduction of new, healthier building materials, shifting over $4 billion in materials purchases from toxic materials to healthier alternatives.

Healthy Child Healthy World | www.healthychild.org
An organization working to inspire parents to protect young children from harmful chemicals.
Healthy Schools Network | www.healthyschools.org
An award-winning not-for-profit environmental health organization based in New York State that launched the national healthy schools movement with comprehensive state policies and a model coalition.

An agency of the World Health Organization founded to coordinate and conduct research on the causes of human cancer and the mechanisms of carcinogenesis, and to develop scientific strategies for cancer prevention and control.

International Chemical Secretariat | www.chemsec.org
A nonprofit organization in Sweden that works to highlight the risks of hazardous substances and the urgent need to phase them out while monitoring the progress of legislative processes in the European Union. This group’s ambitious goal is a toxic-free environment by 2020.

The Land Connection | www.thelandconnection.org
An Illinois-based educational nonprofit organization that works to preserve and protect the state’s agricultural heritage by educating farmers and the public about the value of farmland and the need for more local food production and consumption.

La Leche League International | www.llli.org
An international organization helping mothers worldwide to breastfeed through mother-to-mother support, encouragement, information and education. La Leche League also promotes a better understanding of breastfeeding as an important element in the healthy development of baby and mother.

The Life and Legacy of Rachel Carson | www.rachelcarson.org
A website dedicated to Rachel Carson, the biologist and author of Silent Spring, written by her biographer, Linda Lear.

Louisville Charter for Safer Chemicals | www.louisvillecharter.org
A platform developed by a coalition of individuals and groups in Louisville, Kentucky, in 2004, outlining six fundamental reforms to chemicals policies that are required in order to protect human health and the environment.

Lowell Center for Sustainable Production | www.sustainableproduction.org
An organization that helps build healthy work environments, thriving communities, and viable businesses that support a more sustainable world. Part of the University of Massachusetts.

Luminary Project | www.theluminaryproject.org
A website that captures the illuminating stories of nurses’ activities to improve human health by improving the health of the environment.
The National Pollutant Release Inventory | www.ec.gc.ca/inrp-npri
Canada's publicly accessible inventory of pollutant releases to air, water, and land.

Natural Resources Defense Council | www.nrdc.org
An environmental action organization that works with the support of members and online activists.

Peaceful Uprising | www.peacefuluprising.org
A nonprofit collective committed to combatting the climate crisis and building a just, healthy world. This grassroots group seeks to inspire citizens to recognize themselves as agents of change and to build communities that empower and enable each of us to take effective, necessary nonviolent action.

Pesticide Action Network North America | www.panna.org
A nonprofit organization that works to replace the use of hazardous pesticides with ecologically sound and socially just alternatives. The organization also maintains the PAN Pesticide Database, a one-stop location for toxicity and regulatory information for pesticides.

Physicians for Social Responsibility | www.psr.org
A medical and public health voice that works to prevent the use or spread of nuclear weapons and to slow, stop, and reverse global warming and the toxic degradation of the environment.

Planned Parenthood Federation of America | www.plannedparenthood.org
A women's health-care provider that promotes respect for each individual's right to make informed, independent decisions about health, sex, and family planning. Because of this focus, Planned Parenthood is an advocate for women's protection from reproductive toxicants.

Prevent Cancer Now | www.preventcancernow.ca
A Canadian organization working to eliminate the preventable causes of cancer through promoting legislative and policy reforms and conducting public education initiatives.

Ramazzini Institute | www.ramazzini.it
A nonprofit organization with over 20,000 members whose mission is to contribute to the decrease in cancer incidence through the promotion of scientific research, the early diagnosis of tumors, and the dissemination of information.

Rotterdam Convention | www.pic.int
An international treaty that creates legally binding obligations for the implementation of the Prior Informed Consent procedure, meaning that certain hazardous chemicals may be exported only with the importer’s prior consent. It aims at promoting shared responsibility and cooperative efforts among parties in the international trade of these chemicals in order to protect human health and the environment, and to contribute to the environmentally sound use of those chemicals by facilitating information exchange about their characteristics and providing for a national decision-making process on their import and export.
Safer Chemicals, Healthy Families | www.saferchemicals.org
A US-wide effort to pass smart federal policies that protect us from toxic chemicals.

Sandra Steingraber | www.steingraber.com
Official website of biologist and author Sandra Steingraber, PhD. Here you will find information about Sandra's writing projects, upcoming speaking engagements, and more.

Scorecard | www.scorecard.org
The web's most popular resource for information about pollution problems and toxic chemicals. Any US resident can enter their zip code on this website and get an in-depth pollution report for their county, covering air, water, chemicals, and more.

Science and Environmental Health Network | www.sehn.org
The leading proponent in the United States of the precautionary principle as a new basis for environmental and public health policy.

Second Nature | www.secondnature.org
An organization that works to accelerate movement toward a sustainable future by serving and supporting senior college and university leaders in making healthy, just, and sustainable living the foundation of all learning and practice in higher education.

Stockholm Convention on Persistent Organic Pollutants | www.pops.int
A global treaty to protect human health and the environment from chemicals that remain intact in the environment for long periods, become widely distributed geographically, accumulate in the fatty tissue of humans and wildlife, and have adverse effects on human health or the environment.

Shaleshock Action Alliance | http://shaleshock.org
A movement that works toward protecting our communities and environment from exploitative gas drilling in the Marcellus Shale region.

Silent Spring Institute | www.silentspring.org
A partnership of scientists, physicians, public health advocates, and community activists that works to identify the links between the environment and women's health, especially breast cancer. The Silent Spring Institute provides a database on the 216 different chemicals shown to cause mammary gland cancer in animals.

Slow Food | www.slowfood.com
A global grassroots organization with supporters in 150 countries, who are linking the pleasure of good food with a commitment to their community and the environment.

The Story of Stuff Project | www.storyofstuff.com
A project created to extend the impact of The Story of Stuff, a twenty-minute film about the lifecycle
of material goods that works to promote sustainability. The project includes several short films, downloadable resources, and an ongoing blog.

**Surveillance Epidemiology and End Results** | [http://seer.cancer.gov](http://seer.cancer.gov)
The premier source for cancer statistics in the United States. This program of the National Cancer Institute collects information on incidence, prevalence, and survival from geographic areas representing 28% of the US population, plus cancer mortality data for the entire country.

**Toxic Free Canada** | [www.toxicfreecanada.ca](http://www.toxicfreecanada.ca)
An organization that brings workers and environmentalists together in cooperative projects for toxics reduction and a green economy.

**Toxics Action Center** | [www.toxicsaction.org](http://www.toxicsaction.org)
A nonprofit organization based in New England whose mission is to work side-by-side with communities, providing the skills and resources needed to prevent or clean up pollution at the local level.

**Toxics Release Inventory** | [www.epa.gov/tri](http://www.epa.gov/tri)
A database administered by the US Environmental Protection Agency and containing data on disposal or other releases of nearly 650 toxic chemicals. The database can be searched by chemical, facility, or ZIP code.

**Toxipedia** | [www.toxipedia.org](http://www.toxipedia.org)
A wiki-website offering more than a thousand pages of information on toxic chemicals, ethical considerations, laws and regulations, the history of toxicology, green chemistry, and much more.

**World Alliance for Breastfeeding Action** | [www.waba.org.my](http://www.waba.org.my)
A global network of organizations and individuals who believe breastfeeding is the right of all children and mothers and who dedicate themselves to protect, promote, and support this right. WABA works in close liaison with UNICEF.

**Women in Europe for a Common Future** | [www.wecf.eu](http://www.wecf.eu)
An international network of over 100 women's, environmental, and health organizations implementing projects in forty countries and advocating globally for a healthy environment for all.

**Women's Healthy Environments Network** | [www.womenshealthyenvironments.ca](http://www.womenshealthyenvironments.ca)
A Canadian nonprofit organization whose mission is to connect women to the vital information and tools necessary for taking preventative action.

**Women’s Voices for the Earth** | [www.womensvoices.org](http://www.womensvoices.org)
A national organization that works to eliminate toxic chemicals that impact women's health by changing consumer behaviors, corporate practices, and government policies.
The descriptions in this section include wording that has been drawn in large part from the organizations’ websites.

CITIZENShift | http://citizenshift.org
A multimedia platform dedicated to media for social change. Their ever-growing network engages people from all backgrounds to explore and debate contemporary issues, contribute their own material, and use media to make a difference. See Living Downstream filmmaker Chanda Chevannes’ blog, Adventures in Outreach, at http://citizenshift.org/blogs/Adventures-in-Outreach.

The Fledgling Fund | www.thefledglingfund.org
A film funder that makes strategic grants and investments in creative media projects that have the potential to ignite social change. The fund’s website contains information on many compelling films, as well as a range of papers and other resources on the power of social-issue creative media. The Fledgling Fund is a funder of the Living Downstream outreach project.

Good Pitch | http://britdoc.org/real_good/pitch
A one-day live event bringing together specially selected foundations, NGOs, social entrepreneurs, broadcasters, and potential corporate and brand partners to form powerful alliances around groundbreaking films.

Green Screen | www.greenscreentoronto.com
An initiative that provides guidance for the film and television industries on how to reduce their environmental footprint.

McNabb Connolly | www.mcnabbcnollony.ca
A Canadian educational distribution company representing over 150 independent Canadian producers. McNabb Connolly is the educational distributor of Living Downstream in Canada.

Participant Media | www.participantmedia.com
A production and distribution company committed to telling good stories that can make a difference in how we see the world. Some of their films include An Inconvenient Truth, The Kite Runner, Syriana, and Food, Inc.

The People’s Picture Company | www.theppcinc.com
An independent Canadian production company specializing in the creation of documentary projects that compel thought, encourage discussion, and inspire action. The PPC is the producer of Living Downstream.
Working Films | www.workingfilms.org
An organization committed to the use of documentary for social change. They offer consultation, strategic planning for alternative distribution, website and social media development, and complete campaign management services to filmmakers, all to ensure the content of nonfiction media truly meets the intention for change.
Books and Reports

The Body Toxic: How the Hazardous Chemistry of Everyday Things Threatens Our Health and Well-Being
By Nena Baker | North Point Press | 2009

This book is an investigation into the factors that have created a world dependent on chemicals and a population of people each with their own unique chemical load, known to scientists as “body burden.”

Cancer: 101 Solutions to a Preventable Epidemic
By Liz Armstrong, Guy Dauncey, and Anne Wordsworth | New Society Publishers | 2007

This book provides evidence that many cancers are preventable because they are caused by the contamination of our bodies. It contains practical advice and success stories intended to motivate the reader to take action for cancer prevention.

The Cancer Journals

This memoir explores the political dimensions of breast cancer through the author’s own experience of the disease. A blend of journal entries, prose, and poetry, this book declares Lorde's distinct opinions and perspective as a black lesbian feminist.

Courage for the Earth: Writers, Scientists, and Activists Celebrate the Life and Writing of Rachel Carson
Edited by Peter Matthiessen | Houghton Mifflin | 2007

This collection of a dozen essays, published 100 years after her birth, pays tribute to Rachel Carson. Included are essays by Al Gore, Linda Lear, and Terry Tempest Williams. Also included is an essay by Sandra Steingraber, titled “Silent Spring: A Father-Daughter Dance.”

Gardening Eden: How Creation Care Will Change Your Faith, Your Life, and Our World
By Michael Abbaté | WaterBrook Press | 2009

This book is written by an expert in green development who is also a Christian. Abbaté argues that the Christian faith supports environmentalism and he provides religious people with ideas about how to begin practicing what he terms “creation care.”
**Not Just a Pretty Face: The Ugly Side of the Beauty Industry**  
By Stacy Malkan | New Society Publishers | 2007

This book reveals the dramatic and frightening facts about the unregulated cosmetics industry and the toxic ingredients contained in their products.

**Our Stolen Future: Are We Threatening Our Fertility, Intelligence, And Survival? —A Scientific Detective Story**  
By Theo Colborn, Dianne Dumanoski, and John Peterson Myers | Plume | 1995

This book provides an overview of fifty years of research into endocrine disruptors (chemicals that disrupt the hormonal system), revealing the vulnerability of our biological processes to the effects of synthetic chemicals.

**Patient No More: The Politics of Breast Cancer**  
By Sharon Batt | Gynergy | 2002

This book is an examination of the politics of breast cancer, interwoven with the author’s personal experience as a breast cancer patient. From treatments to charities and from medical coverage to political activism, Batt’s book covers a lot of ground.

**Pink Ribbons, Inc: Breast Cancer and the Politics of Philanthropy**  
By Samantha King | University of Minnesota Press | 2006

This book tracks the history of breast cancer from a disease of shame and silence to one that is used as a marketing ploy. It examines the breast cancer movement and its commercialization.

**Precautionary Tools for Reshaping Environmental Policy**  
Edited by Nancy Myers and Carolyn Raffensperger | MIT Press | 2006

This book focuses on the precautionary principle, from its ethical grounding to practical ideas for its implementation. Complete with case studies and hands-on materials, this publication is a useful guide for citizens and policymakers alike.
**Rachel Carson: Witness for Nature**  
By Linda Lear | Mariner Books | 2009 (Paperback Edition)  
This comprehensive biography tells the story of Rachel Carson’s creation of *Silent Spring*: how Carson researched and wrote the book, how she defended it against industry critics, and how she died of breast cancer shortly thereafter.

**Reducing Environmental Cancer Risk: What We Can Do Now**  
By Susan H. Reuben for the President’s Cancer Panel | US Department of Health and Human Services | April 2010  
This report outlines the findings of the President’s Cancer Panel meetings held during 2008 and 2009. The panel heard testimonies from forty-five experts, including Sandra Steingraber and Tyrone Hayes (two experts featured in *Living Downstream*). In a letter to President Obama included with the report, the panel members said, “The true burden of environmentally induced cancers has been grossly underestimated.” Available at [http://deainfo.nci.nih.gov/advisory/pcp/annualReports/pcp08-09rpt/PCP_Report_08-09_508.pdf](http://deainfo.nci.nih.gov/advisory/pcp/annualReports/pcp08-09rpt/PCP_Report_08-09_508.pdf)

**Refuge: An Unnatural History of Family and Place**  
By Terry Tempest Williams | Pantheon Books | 1991  
This book interweaves memoir and natural history. The author recounts her mother’s diagnosis with ovarian cancer along with the concurrent flooding of the Bear River Migratory Bird Refuge, a place special to Williams since childhood.

**Slow Death by Rubber Duck: The Secret Danger of Everyday Things**  
By Rick Smith and Bruce Lourie | Counterpoint | 2010  
This book tells the story of two Canadian environmentalists who began exposing themselves to “a host of things that surround us every day.” The authors test the pollution in their bodies before and after their exposures, revealing surprising facts about seven common chemicals.

**The Seasons on Henry’s Farm: A Year of Food and Life on a Sustainable Farm**  
By Terra Brockman | Agate | 2009  
This book tells the story of the Brockman family and their life on a sustainable organic farm in central Illinois. This year-long memoir, complete with recipes, takes readers through each of the fifty-two seasons of life on the farm.
The Secret History of the War on Cancer
By Devra Lee Davis | Basic Books | 2009 (Paperback Edition)

This book is an exposé of the war on cancer, written by an acclaimed cancer epidemiologist and author. It outlines the reasons for the war on cancer’s strong focus on treatment, its minimizing of prevention, and its failure to make tangible progress.

Silent Spring
By Rachel Carson | Houghton Mifflin | 1962

This seminal and groundbreaking book has been credited with inspiring the creation of the US Environmental Protection Agency, leading to the ban of harmful pesticides like DDT, and launching the modern environmental movement. Written by biologist and nature writer Rachel Carson, it presents a careful scientific investigation into the dangers of pesticide use in the United States.

When Smoke Ran Like Water: Tales of Environmental Deception and the Battle against Pollution
By Devra Lee Davis | Basic Books | 2003 (Paperback Edition)

This book confronts the author’s public triumphs and private failures in her lifelong battle against environmental pollution. Davis, an epidemiologist, begins by describing the 1948 smog emergency in her hometown of Donora, Pennsylvania, and then goes on to examine other dramatic environmental crises.
**Films and Videos**

*Blue Vinyl*
Director Judith Helfand and co-director Daniel B. Gold | Blue Vinyl Toxic Comedy Pictures | 2002 | 98 min

This funny documentary film begins as filmmaker Judith Helfand’s parents decide to install blue vinyl siding on their home. This decision bothers Helfand and sends her on an investigation into the health effects of polyvinyl chloride (PVC).

*Chasing the Cancer Answer*
Producer Michael Gruzuk | CBC Marketplace | 2006 | 44 min

Canadian broadcast journalist Wendy Mesley was diagnosed with breast cancer even though she lived a healthy lifestyle. This documentary details her investigation into the lack of attention being paid to cancer prevention, including preventing environmental exposures to known and possible carcinogens. Available at [www.cbc.ca/marketplace/pre-2007/files/health/cancer](http://www.cbc.ca/marketplace/pre-2007/files/health/cancer).

*A Chemical Reaction*
Director Brett Plymale | PFZ Media | 2009 | 70 min

This documentary film follows environmental health activist Paul Tukey as he learns how Hudson, Quebec, became the first town in North America to ban chemical pesticides.

*Exposure: Environmental Links to Breast Cancer*
Director Francine Zuckerman | Butterfield and Zuckerman Productions | 2000 | 53 min

This documentary, hosted by breast cancer survivor Olivia Newton-John, explores the connections between breast cancer and toxic substances in our environment.

*The Falls*
Director Kevin McMahon | Primitive Entertainment (formerly Primitive Features) | 1991 | 89 min

This documentary film presents a history of mankind’s interactions with Niagara Falls, from initial awe to the harnessing of the falls’ power, leading to the destruction of nearby areas such as Love Canal.
**Flow: For Love of Water**  
Director Irena Salina | Steven Starr | 2008 | 84 min

A sweeping and informative documentary film about the world water crisis. This film covers such water-related issues as chemical contamination, privatization, and the positioning of access to clean water as a human right.

**Food, Inc.**  
Director Robert Kenner | Participant Media | 2008 | 94 min

This documentary film works to expose the US food industry, whose goal is often profit first. It explores the sacrifices that have been made in the areas of health, farming, safety, and the environment and features interviews with renowned experts like Eric Schlosser, Michael Pollan, and Gary Hirshberg.

**Gasland**  
Director Josh Fox | International Wow Company | 2010 | 104 min

This documentary follows filmmaker Josh Fox as he investigates the natural-gas drilling practice of “fracking,” which is increasing in popularity across the United States.

**A Healthy Baby Girl**  
Director Judith Helfand | ITVS | 1996 | 57 min

This personal documentary introduces the viewers to filmmaker Judith Helfand. In 1963, Helfand’s mother was prescribed diethylstilbestrol (DES)—a pharmaceutical hormone intended to prevent miscarriage. But when she was twenty-five, Helfand was diagnosed with DES-related cervical cancer. She made this touching film after her radical hysterectomy as a way to explore the impact of this carcinogen on her life.

**Kids and Chemicals**  
Producer Gail Ablow and co-producer Gregory Henry | Public Affairs Television | 2002 | 58 min

This investigative report in the *NOW with Bill Moyers* series looks at the link between synthetic chemicals and children’s illnesses such as asthma, cancer, and learning disabilities.
**Manufactured Landscapes**  
Director Jennifer Baichwal | Mercury Films, Foundry Films, and the National Film Board of Canada | 2006 | 90 min  
This documentary follows acclaimed Canadian photographer Edward Burtynsky as he travels to China to photograph representations of that country’s industrial revolution.

**A Sense of Wonder**  
Director Christopher Monger | Sense of Wonder Productions | 2008 | 55 min  
This film is about the last year of Rachel Carson’s life, adapted from the stage play of the same name. Kaiulani Lee, who plays Carson, also wrote the stage play and screenplay and was the executive producer of the film.

**The Story of Stuff**  
Director Louis Fox | Free Range Productions | 2007 | 20 min  
This animated documentary, featuring author and activist Annie Leonard, explains the lifecycle of products, taking a critical view of consumerism and encouraging a more sustainable approach to our purchasing decisions. Available online at [www.storyofstuff.com](http://www.storyofstuff.com).

**Trade Secrets: A Moyers Report**  
Producer Sherry Jones | Public Affairs Television | 2001 | 120 min  
This video, hosted by Bill Moyers, reveals what industry, government, and science know about the health effects of chemicals.

**Toxic Trespass**  
Director Barri Cohen | If You Love Our Children Productions and National Film Board of Canada | 2007 | 81 min  
When filmmaker Barri Cohen learns that her young daughter’s blood contains carcinogens like benzene and DDT, she travels to cities that are known for their chemical contamination to learn more about the health effects being suffered by the residents there.
**Waterlife**
Director Kevin McMahon | Primitive Entertainment and the National Film Board of Canada | 2009 | 109 min

This cinematic documentary film tells the story of the Great Lakes, from their immense beauty to their frightening toxicity.

**Water on the Table**
Director Liz Marshall | LizMars Productions | 2010 | 79 min

This film follows Canadian activist Maude Barlow as she fights to protect water from privatization. It asks the questions *Is water a commercial good like running shoes or Coca-Cola? Or, is water a human right like air?*
**Other Publications by Sandra Steingraber**

**Raising Elijah: Protecting Our Children in an Age of Environmental Crisis**
By Sandra Steingraber | Da Capo Press | 2011

In her newest book, Sandra Steingraber writes from the perspective of a scientist mother of two young children, enjoying and celebrating their lives while searching for ways to protect them—and all children—from the toxic, climate-threatened world they inhabit. Each chapter of this engaging and unique book focuses on one inevitable ingredient of childhood—from pizza to laundry to homework to the “Big Talk”—and explores the underlying social, political, and ecological forces behind it. Through these everyday moments, Steingraber demonstrates how closely the private, intimate world of parenting connects to the public world of policymaking and how the ongoing environmental crisis is, fundamentally, a crisis of family life.

For single copies: 1-800-343-4499
For bulk orders in the US: 1-800-810-4145, ext. 5000 or special.markets@perseusbooks.com
For bulk orders in Canada: 1-800-747-8147 or customerservice@raincoast.com

**Having Faith: An Ecologist’s Journey to Motherhood**
By Sandra Steingraber | Berkley Publishing Group | 2001

Full of beauty and mystery, this month-by-month story of the author’s pregnancy and childbirth weaves into its telling new discoveries about genetics, the intimate unfolding of embryonic organs, the architecture of the fetal brain, and the astonishing transformation of the mother’s body as it prepares to nourish and protect the new life. At the same time, Steingraber reveals the alarming extent to which environmental hazards—from industrial poisons found in amniotic fluid to the toxic contamination of breast milk—now threaten each crucial stage of infant development.

For single copies: http://us.penguin.com
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**Post-Diagnosis**
By Sandra Steingraber | Firebrand Books | 1995

Moving from the intimate space of a cancer patient’s hospital bed to the national sacrifice zones of atomic bomb test sites, this collection of poetry sets out to find Ground Zero in order to tell “the whole story of what happened.”

For all orders: 1-800-343-4499 or www.firebrandbooks.com
More Living Downstream Resources

Individuals and groups across North America are using *Living Downstream* as an educational and outreach tool. They are using the film to raise awareness about the links between environmental contamination and cancer incidence, to encourage critical thinking among students, and to inspire deeper environmental engagement and action.

To help you make full use of *Living Downstream* in your life and work, we have produced the following collection of *Living Downstream* resources.

Living Downstream DVDs

*Living Downstream* Educational DVD
For educational, community, nonprofit, and professional use

Purchasing this DVD gives your group the right to screen the film publicly for educational or nonprofit purposes. The *Living Downstream* Educational DVD includes the following contents:

- Feature-Length Film (85 minutes)
- One-Hour Version (55 minutes)
- Single Scene Index
  For playing a single scene during a presentation or discussion.
- Scene Compilations
  Scenes grouped thematically for specialized screenings.
- Mini Docs
  Short documentaries using new interviews, footage, and graphics to explore select topics in greater depth.
- Commentary Tracks
  Featuring author Sandra Steingraber, director Chanda Chevannes, editor Nathan Shields, and director of photography Benjamin Gervais.
- English Subtitles


**Living Downstream Home Video DVD**

For individual and family use

This Home Video disc does not yet have a release date. To be notified when the discs are available for order, please email dvd@livingdownstream.com.

**LIVING DOWNSTREAM GUIDES**

**Living Downstream ~ In the Community**

For community, nonprofit, and professional use
Available electronically or in print with purchase of the Educational DVD

A guide for organizations, community groups, activists, and professionals seeking to engage others in the issue of environmental health. Designed to help individuals and organizations raise awareness and inspire action, this guide includes screening tips, workshop outlines, info sheets, and action ideas. This guide was produced in collaboration with staff and volunteers of nonprofit organizations and a range of other professionals. Available for download in PDF format.

**Living Downstream ~ In the Classroom**

For educational use
Available electronically or in print with purchase of the Educational DVD

A guide for high school and postsecondary educators seeking to teach their students about cancer, synthetic chemicals, and environmental health. Designed to encourage critical thinking and community engagement, this guide includes lesson plans, discussion questions, student handouts, and a range of assignments. It was produced in collaboration with teachers and their students. Available for download in PDF format.

**Living Downstream ~ At Home**

For individual and family use
Included with purchase of the Home Video DVD (release date TBA)

This quick reference guide equips individuals and families with ways to make changes in their homes, workplaces, and communities.